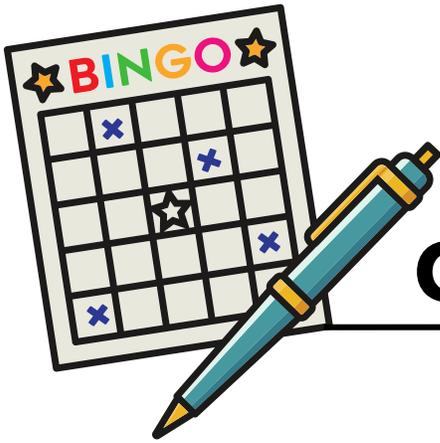


# Seniors Program

# Programme des aînées

Examples of Activities | Les exemples d'activités

55+

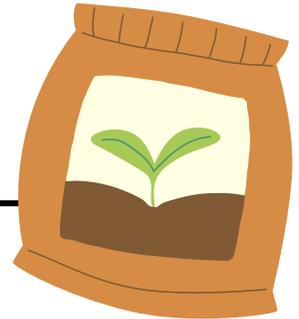


**EXERCISES**  
**EXERCICES**

**GAMES**  
**JEUX**



**GARDENING**  
**JARDINAGE**



## AI ART

Take part in making art using Artificial Intelligence!

Aidez à créer de l'art en utilisant l'intelligence artificielle!

## WORKSHOPS ATELIERS

815 St. Laurent Blvd. | 815 Boul. Saint-Laurent

More information to come  
Plus de renseignements à venir



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